



# Khenpo Karthar Rinpoche and The Practice of Mahamudra



## The Life Teaching of Khenpo Karthar Rinpoche March 10, 2010, Wednesday 7:30-9pm

In preparation for Rinpoche's long-awaited return to North Carolina, this series will begin with a study of *Amrita of Eloquence*, the newly published spiritual biography of the life of Khenpo Karthar Rinpoche, one of the Kagyu lineage's most beloved and revered teachers.

## The Life Teaching of Khenpo Karthar Rinpoche March 17, Wednesday 7:30-9pm

We continue our study of *Amrita of Eloquence*, the spiritual biography of the life of Khenpo Karthar Rinpoche. We will discuss how Rinpoche established the Karmapa's monastery in North America.

## The Life Teaching of Khenpo Karthar Rinpoche March 24, Wednesday 7:30-9pm

We complete our study of *Amrita of Eloquence*, the spiritual biography of the life of Khenpo Karthar Rinpoche with discussion of how he nurtured his students and followed the commands of his guru.

## Introduction to the Mahamudra Lineage Prayer March 31, Wednesday 7:30-9pm

This prayer has four parts. First, we turn our mind away from samsara and toward the dharma. Second, we cultivate devotion towards the lama and the dharma so we will develop true meditation. Third, we pray to achieve peace of mind. Fourth, we strive to understand that the essence of our thoughts is the dharmakaya.

## Keeping an Open Heart in Difficult Times, Public Talk by Khenpo Karthar Rinpoche April 7, Wednesday 7:30-9pm

Rinpoche will speak to how we can transform all circumstances -- difficult or favorable -- into opportunities for cultivating wisdom, compassion, love, and joy. This public talk will be held at the United Church of Chapel Hill at 1321 MLK Blvd. Rinpoche will offer a daylong teaching on the Mahamudra Lineage Prayer and the Refuge Vow on April 8 in Carrboro. See [www.piedmontktc.org](http://www.piedmontktc.org) for more information.

## Khenpo Karthar Rinpoche's Commentary on the Mahamudra Lineage Prayer April 14, Wednesday 7:30-9pm

We will discuss Khenpo Karthar Rinpoche's teaching on the Mahamudra Lineage Prayer and explore how we can apply this to our practice and in our daily lives.

## The Seven Points of Mind Training: Awakening the Heart of Compassion April 21, Wednesday 7:30-9pm

The next series of Wednesday Evening BuddhaDharma classes will be devoted to introducing ourselves to the Lojong or Mind Training practice on meeting all circumstances with compassion. Lojong is considered to be the heart essence of the Mahayana Path.

Everyone is welcome and there are no prerequisites other than a basic level of curiosity about Buddhism. The class is informal and designed for plenty of discussion and time for questions. A brief sitting meditation will be included. Please feel free to attend any one or more classes. The suggested donation for each class is \$5.

Classes will be held at Piedmont KTC Tibetan Buddhist Meditation Center, 109 Jones Creek Place, Chapel Hill. For a map or more information, visit our website at [www.piedmontktc.org](http://www.piedmontktc.org) or call 919-968-9426.



**Piedmont Karma Thegsum Choling**  
a center for the study and practice  
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