

NATURALLY LIBERATING

Whatever YOU Meet

PUBLIC TALK

Khenpo Gangshar Teachings: The Preliminaries

Location: **Unity Center of Peace**
8800 Seawell School Road, Chapel Hill, NC

In 1957, with Tibet in political turmoil, Khenpo Gangshar foresaw the profound difficulties that Tibetans were about to face. To help dharma practitioners meet these challenges skillfully he taught on Naturally Liberating Whatever You Meet to lamas including Thrangu Rinpoche, Chogyam Trungpa Rinpoche, and Khenpo Karthar Rinpoche. The teachings shows us how to engage in Dharma practice no matter what happens in our lives. We start with the preliminary meditations on our Precious Human Birth, Impermanence, Karma, and Samsara.

Cost

(Suggested donation)

Teachings:

\$10 for the public talk.

\$30 per 2 hr. session

Refuge Ceremony:

There is no fee for the Refuge Ceremony.

Empowerment:

\$35/\$30 (members)

Note: The Empowerment requires attendees to have taken refuge.

Schedule

PUBLIC TALK:

Friday, April 26, 7:30pm
Session 1

WEEKEND SEMINAR

Saturday, April 27
Session 2: 10am to Noon
Refuge and Chenrezig
Empowerment: 7pm to 9pm

Sunday, April 28
Session 3: 10am to Noon
Session 4: 2pm to 4pm

WEEKEND SEMINAR

Khenpo Gangshar Teachings: Naturally Liberating Whatever You Meet

Location: **The Common House at Arcadia Cohousing**
134 Circadian Way, Chapel Hill, NC

Rinpoche continues the Khenpo Gangshar teachings on the weekend with the Preliminary Steps of Mind Training, the Main Practice of Pointing Out, and the Key Points of Applying the Profound Advice. It includes advice on the wisdom of emotions, and how to use everything as the path. "You must rely on inner awareness. You must take sickness as the path, afflictions as the path, the bardo as the path, and delusion as the path. The heart of all these applications is to rest naturally in the essence." (Khenpo Ganshar, The Concise Mind Instructions)

Only a few people who actually received this teaching remain alive; it is a rare opportunity for us to host Khenpo Karthar Rinpoche, who received this teaching, and who can transmit to us the wisdom of being able to work with whatever comes to us in life.

The weekend will also include a Refuge Ceremony and Chenrezig (Bodhisattva of Compassion) Empowerment.



About Khenpo Karthar Rinpoche

Venerable Khenpo Karthar Rinpoche was born in 1923 in east Tibet. A master of Tibetan Buddhism, Rinpoche has been a monk since the age of twelve, and since 1976 has served His Holiness the Gyalwang Karmapa by spreading the authentic teachings of the Karma Kagyu lineage in America. He serves as abbot of Karma Triyana Dharmachakra monastery – the North American seat of His Holiness the Seventeenth Gyalwang Karmapa, Ogyen Drodul Trinley Dorje.

Registration

Registration Form available at www.piedmontktc.org/KKR_Registration.html. Please make check payable to "Piedmont KTC" and return by mail to **Piedmont KTC, 110 W. Main St., Suite 2L, Chapel Hill, NC 27510**, or pay with paypal on the website, or pay at the door. For more information go to www.piedmontktc.org or call **919-968-9426**.