



Piedmont Karma Thegsum Choling

a center for the study and practice
of Tibetan Buddhism

LAMA Karma Jinpa

September 2-3, 2017

A weekend teaching at the Piedmont KTC center in Carrboro:

Training the Mind

On his last visit to Piedmont KTC, Lama Jinpa focused on the meditation and teachings of Shamatha or Calm-Abiding Meditation (“Taming the Mind.”) In “Training the Mind” he will review the previous teachings and begin to discuss the Mayahana path. Specifically, he will focus on the view and meditation of Tonglen and Mind-Training, using the classic text “The Great Path of Awakening” by Jamgon Kongtrul. While this will be the second in a series of teaching, we welcome all who are interested. There will also be the opportunity for individual interviews with Lama Jinpa.



September 2-3, 2017, Saturday, 10 am to noon, 2 pm to 4 pm; Sunday, 10 am to noon
Piedmont KTC, W. Weaver St (in town of Carrboro). Suggested donation of \$20/session.
Pre-registration is recommended— Email: piedmont.ktc.info@gmail.com or
Phone 919-636-9108

About Lama Karma Jinpa: Lama Karma Jinpa was born in Germany in 1978. He became a student of Khenpo Karthar Rinpoche in 1999. In 2012 he completed the traditional three-year retreat at Karme Ling Retreat Center under the direction of Khenpo Karthar Rinpoche. Currently, he lives and works in Washington, D.C., serves as the center lama for the Greenville KTC and travels regularly to other KTCs in the Carolinas. Lama Jinpa has also helped at programs at E-Vam Buddhist Institute, the Potomac MD Ocean of Merit group, and has given informal teachings in the D.C. area.

FOR MORE INFORMATION: Visit www.piedmontktc.org, or email piedmont.ktc.info@gmail.com, or call 919.636.9108.